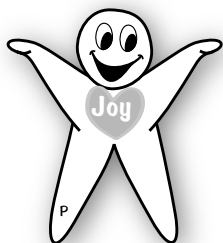


The universe is full of principles, laws and cosmic propositions. However, there is only one law that truly empowers us to take dominion over the conditions and circumstances of our lives, it is the 'Great Law of Life,' as follows:

## I Receive What I Believe



'Be it, and you will see it.'

*"As you have believed, so be it done unto you."* ...Mat, 8:13  
Despite what we may want, wish or even think that we deserve out of life, what we *always* get is exactly what we *believe*. This is the 'Great Law of Life.' This understanding is no longer just a spiritual proposition, but is widely becoming accepted by mainstream psychology, as well as modern quantum physics. Given the implications of this proposition it behooves us to carefully consider the following five questions:

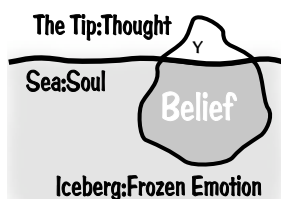
## Five Fruitful Questions About the 'Great Law of Life'

- 1 Is the 'Great Law of Life' really true?** – As with all spiritual Truth, the validity of this proposition can only be ascertained by us, so far as we are concerned. In other words, it must be tested by us in our own experience of life.
- 2 What is a Belief?** – A belief is much more than an opinion or thought that we hold about something. A belief is a deeply suppressed emotional impulse that expresses itself unconsciously through us in order to produce experiences in our life.
- 3 What Do I Believe?** – It is very easy to ascertain what we believe. We can simply look at the *felt* reality of what we are receiving in our experience of life. In other words, *'what we are receiving is what we are believing.'*
- 4 What Do I Want to Believe?** – If there is some aspect of our life that we are dissatisfied with, then we must change our beliefs about it. The quality of our life experiences now becomes a function of what we choose to believe about them.
- 5 How Do I Change My Beliefs?** – If diligently applied, the principles and practices contained throughout these materials will provide the means for us to effectively change our beliefs in order to produce a more positive and abundant experience of life.

## My Beliefs are Like Icebergs



Sun: Spirit



It takes a 'melt down' to make a change.

**be • lieve' - To place trust or confidence in.**

Based on its deeper root meaning, to believe means *'to be like.'* In other words, we tend to unconsciously behave in a way that is consistent with the nature of our beliefs. This is because the motive forces behind a belief are mostly hidden as suppressed emotions within our souls, as depicted in the graphic metaphor to the left. As the warmth of the Sun melts away the tip of the iceberg, more and more of what was previously hidden comes up to the surface. This is why it often takes time, combined with *'daily dedicated spiritual practice,'* to completely dissolve a major belief in the sea of our soul, and the *'body of our affairs.'*

## The Great Law of Life: 'You Receive What You Believe.'

A 'corollary' is a specialized version of a general law or proposition. When faced with a *false belief*, the 'Great Law of Life' *correlates* itself to the three main aspects of our being, which are the body, soul and spirit, in the following ways.

### Whatever I'm Up Against, I Am Creating

Corollary

1  
P

BODY

Our creative spiritual nature is always seeking to awaken itself within us, in order to express Life more abundantly through us. The tool that it uses most effectively is to create conflicts in our lives that produce pain in our bodies and suffering in our minds. The nature of the particular conflicts that each of us experience is directly related to the '*false beliefs*' that we hold about life. Consequently, every conflict and problem that we face is intended to '*wake us up*' to the fact that we are believing something that is not true about Life.

### I Always Get What I Feel I Deserve

Corollary

2  
Y

SOUL

It is a natural human tendency to think that we have the right to get whatever we desire. Hence, we begin to *think* that we truly *deserve* to have whatever it is that we want. However, the 'Great Law of Life' can only provide us with what we truly *believe*. And since a belief is made up of mostly emotion, frozen into self-repeating patterns of experience, we will *always* receive what we *feel* we deserve, based upon our current belief system. Unfortunately we generally don't know what we *feel* we deserve until we get it. Consequently, whenever we receive something less that what we *think* we deserve, we tend to *feel* disappointed, frightened or angry. This is because it is our '*hidden fears*' have actually created whatever it is that we have *received*.

### Love Fulfills the Law for Me

Corollary

3  
B

SPIRIT

It's been said that "*every problem was once a solution.*" This is because a worldly solution to a problem merely buries the symptoms of our suffering and never really removes the cause. However, we need to consider that a true solution always involves dissolution, and this is what Love does. Love dissolves the cause of our suffering with Truth, and creates a new experience of Life beyond anything that we could ever conceive of. Love creates a '*divine conception*' that produces an ever increasing experience of heaven on earth. This is why the scriptures tell us that '*Love fulfills the Law,*' and produces no residual effects or regrets. **Consequently, whenever we put Love into the Great Law of Life, something good always happens.**