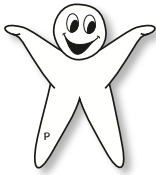


The teachings on this website are based on Principles of Spiritual Truth which are universal in nature. Hereafter, this form of Universal Truth, as described below, will be identified with a capital 'T.'

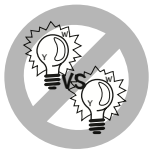
The Truth Sets Me Free



"...and the Truth shall make you free." John 8:32

Through the ages the Biblical promise written above has served humanity as a beacon of hope. Yet, the nature of this Truth tends to be elusive. That is because Spiritual Truth is not a fact, it is a feeling. It is the feeling of freedom which comes from the experience of deep understanding, or wisdom. The experience of Truth is often referred to as Self-Knowledge. It is actually an expanded awareness of the *'divinity that is within us.'*

The Truth is NOT Debateable



A debate is a contest of *ideas* based on the *'evidence of the senses.'* Whereas, Spiritual Truth is a *'unitive realization'* based on *un-seen* evidence, which is *faith*. Ultimately, we can never explain the Truth. This is because words are *dualistic* tools which can never fully describe a *unitive*, or mystical experience. *Consequently, Truth can only be realized by the one who is seeking it.* The best that we can do with our verbal skills is to communicate to others the way in which we have come to our own realization of Truth.

My Truth MUST Be Tested



The nature of the world is such that it will produce evidence to our senses that will prove the validity of whatever it is that we *believe*, whether it is the Truth or not. When our beliefs are in alignment with Truth, they will always produce greater freedom in our experience of life. When our beliefs are not in alignment with Truth, they will produce the experience of limitation and suffering. Consequently, it is imperative that we test our *'belief systems'* to ensure that they are in conformance with Spiritual Truth. Therein lies our freedom.

The Big Question:

If your current *'belief system'* is not challenged by the Principles presented in these materials, there would be little point in your working with them. However, whenever you are in *'disbelief'* of some aspect of this teaching, the appropriate response is not debate. The appropriate response is to ask yourself this all important question:

If this were True for me, would I be more free?

If the answer to this question is 'Yes,' then it becomes your responsibility to *test* the Truth of the Principle by applying It to your own life. This website will provide you with the tools and techniques to do this. Remember: **'Freedom is the proof of Truth.'**