The following is a personalized version of the 'Lord's Prayer,' as given in the New Testament of the Holy Bible.

Our Father which art in heaven, Hallowed be thy name. Thy kingdom come, Thy will be done in earth, as it is in heaven. Give me this day my daily bread. And forgive me my debts, as I forgive my debtors. And lead me not into temptation, but deliver me from evil; For thine is the kingdom, and the power, and the glory, forever. Amen. ...Matthew 6:9-13

The following prayer is widely used in many spiritually oriented self-help support groups throughout the world.

The Serenity Prayer

God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

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