

The Holy Rosary

Instructions

Elements

I. Cross - The crucifix located at the beginning/end of the Rosary.

- 2. Stations The six large beads located throughout the Rosaru.
- 3. Trinity Three small beads located between two 'Stations' just above the 'Cross.'
- 4. Decade A series of 10 small beads located between the 'Stations' on the main circle of the Rosary.

Modern Version Prayers

I. The Sign of the Cross

First, place the fingertips of your right hand on your forhead and say : "In the name of the Father...

Next, Place them on your heart and say: "And the Son..."

Then, place them to the left of your heart and say: "And the Holy..."

Finally, place them to the right of your heart and say: '...Spirit.'

Modern Version

(An adaptation of the traditional Rosary.)

- I. Begin and end by kissing the Cross and performing the 'Sign of the Cross,' as given below.
- 2. At each 'Station' recite the traditional 'Lord's Prayer,' as aiven below.
- 3. On each of the beads of the 'Trinity' recite the 'Glory Be' prayer given below.
- 4. At each bead of each **'Decades'** recite the 'Hail Mary' prayer given below.

Personal Version

- I. Begin and end by kissing the the Cross and then reciting your 'Easy Prayer,' or a spontaneous personal prauer of intention.
- 2. At each 'Station' recite your version of 'My Lord's Prayer.'
- 3. At the 'Trinity' sing three verses of the GodSong using the Word of Faith from your 'Fear to Faith Worksheet.'
- 4. At each bead of each 'Decade' perform a recitation of uour 'Endless Prauer.'

2. Lord's Prayer

Our Father which art in heaven, hallowed be thu name. Thy kingdom come, thu will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil; For thine is the kingdom, and the power, and the glory, forever. Amen." ...Matthew 6:9-13

3. Glory Be

"Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is here now and ever shall be, world without end. Amen."

4. Hail Maru

"Hail Mary, full of Grace; the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thu womb, Jesus. Holy Mary, Mother of God, pray for me now and at the hour of my resurrection. Amen."