Following is a specialized version of the 'Praising Prayer.' It is designed to transform your consciousness by having you identify yourself with a 'perfected being.' In the prayer below we have used Jesus Christ as the great example. However, you could just as easily use the name of any great world teacher or 'enlightened being' for whom you have an affinity. It is suggested that you try to use a three syllable name to preserve the cadence of the prayer. For example, you might say something like this: "I think like Buddha, Now!" or "I think like Mary, Now!"

| I Praise My Thinking   | I Raise My Thinking   | l <u>Think</u> Like Jesus Christ    |
|------------------------|-----------------------|-------------------------------------|
|                        |                       |                                     |
| I Praise My Feelings   | I Raise My Feelings   | I <u>Feel</u> Like Jesus Christ!    |
| I Praise My Vision     | I Raise My Vision     | I <u>See</u> Like Jesus Christ!     |
| I Praise My Hearing    | I Raise My Hearing    | l <u>Hear</u> Like Jesus Christ!    |
| I Praise My Speaking   | I Raise My Speaking   | I <u>Speak</u> Like Jesus Christ!   |
| I Praise My Praying    | I Raise My Praying    | I <u>Pray</u> Like Jesus Christ!    |
| I Praise My Actions    | I Raise My Actions    | I <u>Act</u> Like Jesus Christ!     |
| I Praise My Loving     | I Raise My Loving     | I <u>Love</u> Like Jesus Christ!    |
| I Praise My Wisdom     | I Raise My Wisdom     | I Am <u>Wise</u> Like Jesus Christ! |
| I Praise My Wholeness  | I Raise My Wholeness  | I Am Whole Like Jesus Christ!       |
| I Praise My Healing    | I Raise My Healing    | I <u>Heal</u> Like Jesus Christ!    |
| I Praise My Giving     | I Raise My Giving     | I <u>Give</u> Like Jesus Christ!    |
| I Praise My Acceptance | I Raise My Acceptance | I <u>Accept</u> Like Jesus Christ!  |
| I Praise My Freedom    | I Raise My Freedom    | I Am <u>Free</u> Like Jesus Christ! |
| l Praise My Life       | I Raise My Life       | I <u>Live</u> Like Jesus Christ!    |
| I Praise My Knowing    | I Raise My Knowing    | I Know Jesus Christ!                |

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Amen!

I Raise My Being...

I Raise My Body...

I Praise My Being...

I Praise My Body...

I Am Like Jesus... Christ!

I've Embodied Jesus... Christ!